EWGA Medals started in February 2009 when the Ladies Golf Union (LGU) ceased running medal competitions within clubs.

The EWGA Club Medals:

- The EWGA year runs from 1 January to 31 December.
- Clubs must run a minimum of four and up to a maximum of 24 medals each year. The minimum will allow the player with the best four nett scores returned in the EWGA year to qualify for one of the Regional Medal Finals. The maximum will allow clubs to run as many medals per month as they wish, played at any time during the month.
- Each medal will be separate and anyone can play on any medal day. Players who wish to change from their usual day will no longer have to give written notice. This allows more flexibility for women to play golf when it fits in with their lifestyle.
- No Silver and Bronze division for EWGA Medals. One competition, one field, one winner.

The EWGA Regional Medal Finals:

- One final will be held in each of EWGA's six regions.
- The player from each club with the best four nett scores returned during the EWGA year will be eligible to enter one of the six regional finals. The top 120 nett scores in each region will qualify to play in their regional final. Regional Finals will be held during April and May each year.
- The top 10 players at each Regional Final will qualify for the EWGA Grand Medal Final played in June.

Information to Clubs:

- The EWGA Club Medal winner's memento will be sent out in the August mailing, to be presented in December.
- The EWGA Regional Medal Final entry forms will also be sent out in the August mailing and should be returned during January/February
- Each year you need to fix the dates in your club's diary for EWGA Medals. It is entirely up to your club how many medals you run each year, but the number must fall within the parameters detailed above. We encourage clubs to hold an equal number of weekend and weekday medals